

20 Km Titles to Eastler and Vaill: Forgues, Roberto Vergara Take Junior Titles

Indianapolis, June 23-24—With the men going on Saturday and the women on Sunday, four national racewalking champions emerged from the 2007 USA Track & Field Nationals. On Saturday, Kevin Eastler won defended his men's 20 Km title as he won easily in 1:26:43.28 and Roberto Vergara bested his brother Ricardo for the Junior 10 Km title. The women's races on Sunday saw Teresa Vaill winning at 20 and Lauren Forgues at 10.

Eastler won easily as five-time winner Tim Seaman, who had pushed him two weeks earlier in La Coruna, Spain (see article beginning on page 2) was not able to repeat that effort here. Eastler was winning his third title, the first having come in 2003. In third, Matt Boyles had a solid performance, bettering his personal record, set in the Pan-Am Trials earlier this year, by 5 seconds. He was well ahead of John Nunn, who like Eastler and Seaman, could not duplicate his La Coruna performance. Patrick Stroupe, who qualified for this race just six weeks ago when he took more than 5 minutes off his only previous 20, took another 39 seconds off as he finished fifth here.

Following the race, Eastler said: "It went OK for a National Championship. Usually, we don't have the fastest times. Tim and I came off a great race in Spain where I got the A standard and he got the B. Today went OK, but it was a little early for us. (6:30 am start) It could have gone better, but I'm pleased with the result."

Like Eastler, Vaill was virtually unchallenged as she captured her sixth National 20 Km title in 1:37:28.70, nearly 2 minutes ahead of Jolene Moore with Sam Cohen another minute-and-a-half back. Maria Michta had a personal record in fourth as did Susan Randall in fifth, but the event was sadly lacking in depth. That picture wasn't helped with the disqualifications of Loretta Scheullein and Solimiya Login. Vaill commented after the race: "I felt pretty good today, but I wish I had done a faster time. There just was never anyone who came up to push me. I'm excited about the Pan Am Games and the World Championships. Hopefully, I'll put up some fast times there."

The 16-year old Vergar twins were impressive in the Jr. Men's 10 Km as they went one-two with Roberto winning in 47:28.28. But Matthew Forgues in third, was more than 3 minutes in back of Ricardo, who went just under 48 minutes. Roberto commented: "It was pretty good conditions. In Texas it's always hot, so that is nice. During the race, we alternated the lead every two laps. At the end it's whoever wants it most."

It was a good day for the Forgues family as Lauren took the Jr. Women's 10 in 51:49.96, leaving Le'erin Voss nearly two minutes in her wake. The results:

Men's 20 Km: 1. Kevin Eastler, US Air Force 1:26:43.28 2. Tim Seaman, New York AC 1:28:17.82 3. Matt Boyles, Miami Valley TC 1:28:45.20 4. John Nunn, US Army 1:31:20.58 5. Patrick Stroupe, un. 1:32:54.24 6. Michael Tarantino, un. 1:34:53.60 7. Ray Sharp, un. 1:35:59.67 8. Michael Kazmierczak, Walk USA 1:45:00.73 DQ—Theron Kissinger, New Balance

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Jr. Men's 10 Km: 1. Roberto Vergara, South Texas 47:28.84 2. Ricardo Vergara, South Texas 47:59.72 3. Matthew Forgues, Maine RW 51:00.55 4. Evan Crowds, Kentucky Racers 53:50.56 5. Abraham Villarreal, South Texas 54:46.63 6. Grant Bacon, Maine RW 57:29.54 7. Kelvin Shuneson, Cornerstone 59:07.65 8. Patrick Shaffer, un., Mt. Vernon, Ohio 62:18.51 DQ—Trevor Barron, South Park TC and Alejandron Chavez, South Texas

Women's 20 Km: 1. Teresa Vaill, Walk USA 1:37:28.70 2. Jolene Moore, New York AC 1:39:24.14 3. Sam Cohen, Parkside AC 1:40:53.22 4. Maria Michta, Walk USA 1:41:27.23 5. Susan Randall, Miami Valley TC 1:49:57.17 6. Solomiya Login, Southeastern 1:53:48.90 DQ—Loretta Scuhellein, Walk USA and Erin Taylor, un.

Jr. Women's 10 Km: 1. Lauren Forgues, Maine RW 51:49.96 2. Le'erin Voss, Parkside AC 53:46.42 3. Diana Rado, Southeastern 54:34.69 4. Jenna Monahan, Walk USA 54:58.11 5. Christina Peters, Goshen Col. 55:46.75 6. Allison Chin, Miami Valley TC 57:35.04 7. Amanda Johnson, Lindsey Wells Col. 58:57.27 8. Melissa Moeller, un. 59:41.03

Turava Rolls On, Fernandez Impressive

La Coruna, Spain, June 2—Ryta Turava made it three for three in 2007 IAAF Racewalk Challenge races, winning today's 20 Km in 1:28:44. The Belarus woman led from the start and left Norway's Kjersti Platzer more than a minute-and-a-half back at the finish. Spain's Francisco Fernandez, who like Turava, won last year's World Cup and European Championship races, also left the field at the start of the Men's 20 and strode to an impressive win.

Turava actually started at rather leisurely pace, 22:59 for the first 5 Km, but was accompanied only by Portugal's Ines Henriques. Platzer was 12 seconds back at that point. Turava stepped the pace up a bit to pass 10 in 45:25, and was leaving the field, except for Platzer, who put in a strong 5 to pull even at 10. But, even she had no answer to Turava's 21:40 over the next 5, dropping back by 33 seconds. Turava held that pace, actually a second faster, over the final 5, to another easy win. Platzer was nearly a minute-and-a-half ahead of third-place Claudia Stef at the finish.

Fernandez broke away early in the men's race and by 5 Km, which passed in a quick 19:28, he was 10 seconds clear, with only China's Yucheng Han,, Australia's Nathan Deakes, and Tunisia's Hatem Ghoulia, and Mexico's Eder Sanchez close to them and the rest of the field strung out. When Fernandez steeped up the pace with a 19:08 second 5 and the race for first was over. Nonetheless, he continued to apply the pressure and when he passed 15 in 58:12 (19:36) he led nearly a minute.

Behind him, Ghoulia moved into second at 10 (39:19), 3 seconds ahead of Deakes and 9 ahead of Han. Ghoulia and Deakes were still locked in battle at 15, with Ghoulia 2 seconds ahead in 59:10. Han now trailed Ghoulia by 36 seconds, but somewhere found another gear. With 3 Km to go he was back in the race and then pulled well clear, blistering the final 5 in 19:29, while Ghoulia struggled home in nearly 21 minutes, with Juan Molina closing on him at the finish.

"I'm delighted with my performance," said Fernandez. "Right from the start I realized that nobody wanted to set the pace, so I decided to push hard to run (sic) a fast time

and hopefully come close to the World record. The 10 Km split was very encouraging for me but definitely you need tough rivalry to break a World Record and I walked 17 kilometers in solitude. The second half was much slower as I faded a bit having secured the victory."

The U.S. had three walkers on hand and they did quite well, with Kevin Eastler in twelfth (1:22:56), Tim Seaman in thirteenth (1:23:38), and John Nunn in twenty-fourth (1:28:51). Kevin and Tim walked together through 15 Km and then Kevin pulled out a 20:15 closing 5 as he passed five walkers (as did Tim, but he couldn't match Kevin's spurt.)

The results:

1. Francisco Fernandez, Spain 1:18:50 (19:28, 38:36, 58:12) 2. Yucheng Han, China 1:19:15 ((19:41, 39:28, 59:46) 3. Nathan Deakes, Australia 1:19:34 (19:39, 39:22, 59:12) 4. Hatem Ghoulia, Tunisia 1:20:53 (19:38, 39:19, 59:10) 5. Juan Manuel Molina, Spain 1:21:09 (20:29, 40:47, 61:01) 6. Gaobo Li, China 1:21:16 (20:04, 40:42, 60:58) 7. Joao Vieira, Portugal 1:21:30 (20:20, 40:48, 61:26) 8. Eric Tysse, Norway 1:21:32 (20:27, 40:47, 61:24) 9. Eder Sanchez, Mexico 1:21:38 (19:44, 39:42, 60:06) 10. Sergio Vieira, Portugal 1:22:12 (20:36, 41:00, 62:40) 11. Robert Heffernan, Ireland 1:22:38 (20:27, 41:52, 63:24) 12. Kevin Eastler, US 1:22:56 (21:05, 41:46, 62:41) 13. Tim Seaman, US 1:23:38 (21:05, 41:46, 62:41) 14. Hongjuan Zhu, China 1:23:53 15. Daniel Garcia, Mexico 1:24:03 16. Jose David Dominguez, Sapin 1:24:13 17. Alsbai Hassanine, Tunisia 1:24:48 18. Donatas Skarnulis, Lithuania 1:24:53 19. Jose Ignacio Diaz, Spain 1:25:15 20. Walter Sandoval, El Salvador 1:25:23 21. Tadas Suskevicius, Lith. 1:26:02 22. Zhidui Cui, China 1:26:30 23. David Mejia, Mexico 1:26:48 24. John Nunn, US 1:28:52 (42:33, 65:09) 25. Francisco Arcilla Aller, Spain 1:29:34 26. David Perez, Spain 1:29:46 27. Marc Mundell, South Africa 1:29:50 (30 finishers, 10 DNF or DQ—not distinguished which)

Women: 1. Rita Turava, Belarus 1:28:44 (22:59, 45:25, 67:05) 2. Kjersti Platzer, Norway 1:30:22 (23:11, 45:25, 67:38) 3. Claudia Stef, Rumania 1:31:54 (23:05, 45:40, 68:25) 4. Sha Yang, China 1:32:12 (23:11, 45:55, 68:45) 5. Sonata Miluskauskaitė, Lithuania 1:33:09 (22:59, 45:37, 68:50) 6. Ines Henriques, Portugal 1:33:18 (22:59, 46:02, 69:20) 7. Athanasia Tsoumeleka, Greece 1:34:30 (23:46, 47:03, 70:34) 8. Ana Cabecinha, Portugal 1:34:40 9. Ana Groza, Rumania 1:35:45 10. Neringa Aidityte, Lithuania 1:35:54 11. Evelin Nunez, Guatemala 1:37:11 12. Isabel Perez, Spain 1:38:20 13. Julia Takacs, Hungary 1:38:57 14. Mahmoudi Rahma, Tunisia 1:41:39 (18 finishers, 7 DNF or DQ)

Turava Yet Again, Sanchez Tops Men

Krakow, Poland June 23—Turava continued her win streak in Challenge races in this Polish city, again with little opposition. This time, she won by nearly a minute over Italy's Elisa Rigaud, finishing in a rather pedestrian, for her, 1:30:36. On the men's side, Mexico's Eder Sanchez was a surprise winner as he held on to take the measure of Norway's Erik Tysse and Tunisia's Hatem Ghoulia.

Turava followed the same race plan she pursued at La Coruna and in the Euro Cup last month—an easy initial pace with a steady build-up, although she never did go as quickly as in those earlier races, due at least in part to weather conditions. But, of course, she didn't need to. Even at that, her 23:14 first 5 put her clear of everyone except Germany's Sabine Zimmer, who stayed with her through 10 Km, reached in 45:56. But, that was it for the German, who dropped nearly a minute behind by 15 km and was passed by Italy's Elisa Rigaud. Rigaud was 44 seconds behind Turava with 5 to go and held that margin to the finish as Turava eased back slightly on the final 5. Zimmer was passed by Turava's teammate, Elena Ginko, during the final 5 as she struggled to a fourth place finish. During the second half of the race, the walkers were hampered by high winds and a downpour that made the course dangerously slippery.

The thunderstorm passed before the men took to the course, With no one willing to set a killing pace, a pack of 12 was together at 5 Km in 20:04 and ten of them were still there when they reached 10 in 40:12. The only surprise came from favorite Francisco Fernandez, who dropped out of the race just before the 10 Km mark. He felt some pain in his leg and didn't want to risk further injury that could ruin his season.

The 21-year-old Sanchez initiated a break as they approached the 15 Km mark and led Erik Tysse and Hatem Ghoula by 3 seconds as he went through in 60:29. Juan-Manuel Molina, Luke Adams, and Ivan Trotski were another second back. Sanchez was never able to drop Tysse, but did extend the margin to 5 seconds as he dropped under 20 minutes for the final 5. Ghoula did drop away to finish 14 seconds back, but held off Mokina for third place. Tysse moved into the lead of the Challenge standings with his second place. Two races remain in the Challenge—the World Championships in Osaka in August and the series final in Saransk, Russia on September 29. The results:

Women: 1. Ryta Turava, Belarus 1:30:36 (23:14, 45:56, 1:08:12) 2. Elisa Rigaud, Italy 1:31:20 (23:28, 46:26, 1:08:56) 3. Elena Ginko, Belarus 1:31:49 (23:42, 46:52, 1:09:18) 4. Sabine Zimmer, Germany 1:32:55 (23:15, 45:57, 1:09:04) 5. Vira Zozulya, Ukraine 1:33:18 (23:28, 46:40, 1:09:37) 6. Sylwia Korzeniowska, Poland 1:33:39 (23:26, 46:41, 1:10:02) 7. Athanasia Tsoumeleka, Greece 1:33:58 (23:42, 46:41, 1:10:34) 8. Maria Galikova, Slovakia 1:34:51 9. Tatyana Gudkova, Russia 1:35:48 10. Monica Svensson, Sweden 1:36:14 11. Sandra Zapata, Colombia 1:36:32 12. Ana-Maria Groza, Romania 1:37:21 13. Yekaterina Yezhova, Russia 1:45:14 14. Nicolene Cronje, South Africa 1:47:10 15. Evelina Mamchur, Ukraine 1:52:19 (DNF—Claire Woods, Australia and Stephanie Lune-Jerledan, France)
Men: 1. Eder Sanchez, Mexico 1:20:26 (20:05, 40:12, 60:29) 2. Erik Tysse, Norway 1:20:31 (20:05, 40:12, 60:32) 3. Hatem Ghoula, Tunisia 1:20:40 (20:04, 40:12, 60:32) 4. Juan-Manuel Molina, Spain 1:20:44 (20:06, 40:12, 60:33) 5. Luke Adams, Australia 1:21:00 (20:05, 40:13, 60:33) 6. Ivan Trotski, Belarus 1:21:09 (20:06, 40:13, 60:33) 7. Andres Chocho-Leion, Ecuador 1:22:31 (20:21, 41:00, 61:37) 8. Park Chl-Sung, South Korea 1:22:31 (20:05, 40:13, 60:57) 9. Jared Tallent, Australia 1:23:28 (20:05, 40:12, 60:44) 10. Hassanine Sbail, Tunisia 1:23:37 (20:47, 41:48, 62:34) 11. Kim Huyn-Sub, South Korea 1:23:56 12. Aleksandr Yargunkin, Russia 1:24:14 13. Andrei Talashka, Belarus 1:25:24 14. Hannes Tonat, Germany 1:27:21 15. Michael Blazek, Slovakia 1:27:54 16. Milan Rizek, Slovakia 1:30:07 17. Marc Mundell, South Africa 1:33:58 18. Mohd-Sharrulhaizy Abdul-Rah, Malaysia 1:35:01 19. Thiru Kumar Balay-Sendra, Malaysia 1:37:03 20. Roman Turkalevych, Ukraine 1:43:28 DQ—David Dominguez, Spain (64:12 at 15) and Luis-Fernando Lopez, Col. (60:24 at 15) DNF— Frank Werner, Germany, Trond Nymark, Norway (42:43 at 10), Sjarhei Charnou, Belarus (40:58 at 10), Martin Skarba, Slovakia, Lorenzo Civallero, Italy (20:48 at 10), Francisco Fernandez, Spain (20:04 at 5), and Benjamin Kucinski, Poland.

Easy Wins At the Falls

Niagara Falls, N.Y., June 2—In walk-away wins, Matt Boyles won his first USATF National title and Teresa Vaill her 26th in the 2007 National 10 Km race. Boyles, second to Tim Seaman last year, turned in an excellent 42:48 to beat Allen James by nearly 4 minutes. But, James, semi-retired since 1996 and the holder of 15 U.S. titles, was still able to best bunch of guys less than half his age for the runner-up spot. Vaill, who won her first U.S. title in 1984, scored her fifth win at this distance, finishing 1:50 ahead of Canada's Rachel Lavallee in 47:49.

Neither winner was bothered by a steadily warming temperature that was near 80 at the race's start. In the men's race, juniors impressed as the 16-year-old Vergara twins finished fifth and sixth and 14-year-old Trevor Barron came seventh in 51:16. Team titles

went to the Shore AC in the men's race and the Southeastern PA AC in the women's. Results:
Women: 1. Teresa Vaill 47:49 2. Rachel Lavallee, Can. 49:37 3. Maria Michata 49:42 4. Mlexsis Sepulveda, Puerto Rico 50:23 5. Jolene Moore 50:51 6. Laruen Forgues 54:08 7. Solomiya Login 55:07 8. Laura Feller 55:45 9. Erin Taylor 55:59 10. Susan Raqundall 56:12 11. Kristen Mullaney 56:15 12. Marcia Gutsche Rutledge 56:54 13. Diana Rado (Jr.) 56:56 14. Pamela Alva (Jr.) 58:28 15. Kathryn Jackman, Can. (Jr.) 58:57 17. Joanne LaMontagne, Can. 59:53 18. Chelsea Conway (Jr.) 59:57 19. Lynn Tracy 60:05 20. Debbie Topham 60:57 21. Theresa Amerman 61:11 22. Linda Wilson, Can. 69:59 23. Alice Tan 62:01 24. Rebecca Garson 62:31 25. Cathy Mayfield 63:42 26. Maryanne daniel 64:01 27. Sarah Raesten, Can. 64:49 28. Joyce Prohaska 64:55 29. Pamela Allie-Morrill 65:27 30. Stephnie Engdahl, (Jr.) 66:16 (39 finishers) Teams: 1. Southeastern PA AC (login, Rado, Alva) 2:50:31 2. Pegasus (Mullaney, Topham, Tichy) 3:07:17

Men: 1. Matt Boyles 42:48 2. Allen James 46:47 3. Rich Luetcahu II 47:53 4. Mike Kasmierczak 48:34 5. Ricardo Vergara 48:49 6. Roberto Verfara 49:22 7. Trevor Barron 51:16 8. John Soucheck 52:01 9. Dan O'Brien 52:12 10. Leonidas Romero 52:48 11. Adrian Martinez, Puerto Rico 55:28 12. Dave Talcott 55:30 13. Andrew Smith 55:35 14. Leon Jasionowski 55:39 15. Mel McGinnis 56:15 16. Rod Craig 56:52 17. Bill Reed 59:36 18. James Carmine 60:02 19. Marc Olshan 61:56 20. Don Knight 64:38 21. Donald Saielys 65:33 22. Marshall Sanders 65:40 (24 finishers) Teams: 1. Shore AC (Luettschau, Soucheck, Talcott) 2:35:24 2. Pegasus (O'Brien, Jasionowski, Craig) 2:44:45 3. Niagara Walkers (James, McGinnis, Olshan) 2:45:07

Stankina, Kanaykin, Nizhegorodov Shine In Russian Championships

Cheboksary, Russia, June 16-17—Coming off his impressive 50 Km win (3:40:57) in last month's European Cup, Vladimir Kanaykin won the Russian title at 20 Km in 1:17:36—fifth fastest 20 of all time. The 22-year-old, who won World Youth and World Junior titles at 10 Km in 2002 and 2003, beat 1999 World Champion, Ilya Markov, by 80 seconds. After this performance, his coach, Victor Chogin, suggests that Kanaykin might contest both the 20 and 50 in the World Championships in Osaka in August.

Two other Chogin athletes also shone brightly in these Russian Championships. Irina Stankina, who was the youngest ever to win a World Racewalking Championship when she won at 10 Km in 1995 and now making a comeback, won the women's 20 Km in 1:29:56. Stankina also won the World Cup 10 Km in 1997, but was disqualified in that year's World Championship, as she had been in the 1995 World Cup. In the interim, she given birth, been injured, and fell ill and has been up and down in her racing, with no further major titles or World rankings. She did turn in times in the 1:28-1:29 range in 2004 and 2005, but had no placings in major races. This may be the start of a major comeback.

Denis Nizhegorodov also showed he is still around with an impressive 50 Km win in 3:40:53. The 2004 Olympic silver medalist won last year's World Cup race, but was then disqualified in the European Championships. He demonstrated here that he should be ready for a strong bid in Osaka.

Cheboksary, the capital of the Republic of Chuvashiya, is the site of next year's IAAF World Racewalking Cup. This is one of two main centers of racewalking in Russia. The other is Saransk in the Republic of Mordoviya and that is where this year's three titlists train under Chogin. The results:

Women's 20 Km: 1. Irina Stankina 1:29:56 2. Olga Mikhaylova 1:30:19 3. Larisa Yemelyanova 1:30:52 4. Svetlana Solovyova 1:31:31 5. Tatyana Shemyakina 1:31:49 6. Svetlana Vasilyeva 1:31:59 7. Tatyana Gudkova 1:32:33 8. Lyudmila Arkhipova 1:33:22
Men's 20 Km: 1. Vladimir Kanaykin 1:17:36 2. Sergey Gakulin 1:19:14 3. Andrey Krivov 1:20:12 4. Aleksandr Prokhorov 1:23:00 5. Andrey Kanayev 1:26:06 6. Mikhail Volkov and Aleksey Nikolayev 1:27:03 8. Fyodor Grigoryev 1:27:16
Men's 50 Km: 1. Denis Nizhegorodov 3:40:53 2. Sergey Melentyev 3:51:11 3. Nikolay Matyukhin 3:57:18 4. Yuriy Chesnokov 3:58:46 5. Sergey Korepanov 4:01:24 6. Sergey Sergachev 4:02:02 7. Aleksey Kronin 4:06:55 8. Andrey Trofimov 4:07:53

Other Results

Maine State Championships 1600 meters: **Girl's Class A**—1. Christier Bvernier 8:29.12 2. Teresa Ranucci 8:39.40 3. Liz Semski 8:51.14 **Girl's Class B**—1. Lyvia Gaewsky 8:22.95 2. Hannah Saunders 8:43.28 3. Karcynn Dorsey 8:49.80 **Girl's Class C**—1. Sara Adams 8:28.49 2. Kelley Baickle 8:42.61 3. Jana Larlee 8:44.63 **Boy's Class A**—1. Grant Bacon 7:14.75 (Will be joining Coach Vince Peters, out National RW Chairman, at Cedarville U. in Ohio this fall.) 2. Josh Grenier 7:16.77 3. Taylor Burns 7:18.75 **Boy's Class B**—1. Tom Ciampa 7:36.82 2. Ryan Fitzsimons 7:46.79 3. Mac Srisamaikul 7:56.29 **Class C**—1. Matt Forgues 7:08.0 2. Tyler Campbell 7:09.83 3. Daniel Andreasen 7:25.73 **5 Km, Cambridge, Mass., June 10**—1. Sgteve Vaitones 30:33 2. Jay Diener 33:11 3. Justin Kuo 33:16 4. Paul Schell 33:52 (6 finishers) **Women**—1. Holly Wenninger 32:55 2. Itzi Barcia 34:12 (5 finishers) **High School 1500 meters, New York City Championship, June 3**—1. Kelly McCann 7:49.95 2. Nina Yang 7:59.59 3. Marissa Conroy 8:00.39 4. Amy Cha 8:13.93 5. Stephan Eng 8:19.14 6. Alyse Osher 8:21:11 7. Amber Tsai 8:22.43 8. Dan Pin He 8:32.21 9. Connie Cheng 8:23.91 10. Jing Sha Dai 8:29.74 (12 finishers, 1 DQ) **Long Island 5 Km, East Meadow, N.Y., June 10**—1. Maria Michta 24:32 2. Michael Kazmierczak 24:33 3. Loretta Schuellein 24:43 4. Mike Bartholomew 25:14 5. Erin Taylor 27:33 6. Bill Vayo (42) 30:29 7. Nichole Wessells 30:49 8. Erin Martocci (16) 30:49 9. Michael Kazmierczak, Sr. 31:43 10. Jennifer Marlborough 31:47 11. Ricky Sosulski (16) 32:12 12. Jacklyn Sparling (16) 33:04 (17 finishers) **20 Km, same place**—1. Machael Kazmierczak 1:36:58 2. Erin Taylor 1:52:25 (Their 5 Km times were on the way to 20) **Metro 20 Km, New York City, June 17**—1. Luc Bussieres (49), Canada 2:07:34 2. Bruce Logan (42) 2:08:32 3. Robert Mullen (60) 2:16:01 4. Vlado Haluska (55) 2:20:29 5. Michael Korol (48) 6. Alan Sangeap (45) 2:45:27 (1 DNF, 1 DQ) **10 Km, same place**—1. David Lee (52) 64:00 2. Dan Ping He (15) 70:35 3. Connie Cheng (15) 70:55 (8 finishers) **5 Km, same place**—1. Alice Tan 30:40 2. Ronald Miller (60) 32:57 3. Andres Fernandez (54) 34:08 (6 finishers) **Sandy Kalb 14 Km, Lakewood, N.J., May 27**—1. Panse Geer 1:27:34 2. Maria Paul 1:40:07 3. Fran Emanuel 1:48:13 4. Ben Ottmer 1:50:32 5. Elliott Denman 2:01:32 **Nike High School Nationals, Greensboro, N.C., June 15: Girl's 1 Mile**—1. Jenna Monahan, New York 7:38.60 2. Chelsea Conway, N.Y. 8:11:12 3. Sara Meade, N.Y. 8:18.57 4. Katie Williams, N.Y. 8:27:02 5. Vanessa Modzel, N.Y. 8:56.45 6. Devin Philson, S.C. 9:12.03 7. Hannah Kisley, N.C. 9:21.24 **Boy's 1 Mile**—1. Evan Crowds, Kentucky 7:12.76 2. Matthew Forgues, Maine 7:16.71 3. Grant Bacon, Maine 7:26.71 4. Taylor Burns, Maine 7:30.28 5. Ryan Fitzsimmons, Maine 7:35.66 6. Ike Brochu, Maine 8:40.78 **Jr. Olympic 3 Km, Yellow Springs, Ohio**—1. Christoph Roschinsky (17), Germany (exchange student) 14:12.4 2. Allison Chin (15) 16:26 3. Jacob Gunderkline (16) 18:19.1 4. Allison Berry (14) 19:10.1 5. John Randall (15) 21:18.6 **20 Km, Kenosha, Wis., June 10**—1. Chris Tegtmeyer 1:47:04 (First 20. On pace for 1:40 range at 15 until "the wall" interrupted his progress.) **10 Km, same**

place—1. Melissa Moeller (16) 56:54.9 2. Martin Moeller (47) 60:21 **5 Km, same place**—1. Sam Cohen 23:17 2. Matt DeWitt 25:33.5 3. Le'erin Voss (19) 26:04.1 **3 Km, same place**—1. Lynn Tracy (54) 16:09 2. Tori Cooper 17:16 **Masters 3 Km, same place**—1. Al DuBois (75) 19:09.9 2. Ron Winkler (57) 19:40.3 **5 Km, Kenosha, June 17**—1. Lynn Tracy 27:58.05 2. Dave Owens (47) 30:05.63 **3 Km, same place**—1. Le'erin Voss 15:54.02 **5 Km, Denver, May 12**—1. Jerry Davis (44) 31:31 **H.S. 1500 meters, Albuquerque, N.M., June 3**—1. Alex Chasvez, Texas 7:32.06 2. Jessica Ruybal, McAllen, Tex. 8:08.62 3. Josh Haertel, Sandy, Utah 8:11.74 **H.S. 3 Km, same place**—1. Abraham Villarreal, Alamo, Tex. 16:15.79 2. Susan Muraida, Albuquerque 16:36.66 3. Caroline Muraida 19:01.38 **5 Km, Thornton, Col., May 19**—1. Mike Blanchard (45) 28:10 2. Marianne Martino (56) 28:53 3. Daryl Meyers (64) 31:17 5. Barb Amador (58) 31:32 5. Sherrie Gossert (54) 32:05 6. Darla Young 32:25 **20 Km, Erie, Col., May 26**—1. Mike Blanchard 1:58:29 **10 Km, same place**—1. Barb Amador 65:36 **5 Km, same place**—1. Rita Sinkovec (66) 34:04 **5 Km, Los Angeles, June 3**—1. Pedro Santoni 27:04.95 2. Lindsey Connolly 31:53.93 **California Senior Games, Pasadena, June 2, 1500 meters:** 1. Carl Acosta (73) 9:53.14 2. Alex Kazaryan (52) 9:53.73 3. Dean Coffman (54) 10:06.63 (13 finishers) **5 Km**—1. Yoko Eichel (60) 29:27.28 2. Donna Cunningham (60) 29:54.05 3. Alex Kazaryan 30:36 4. Carol Bertino (60) 31:23 5. Janet Michal (52) 31:41 6. Ray Bilig (50) 32:11 7. Bob Nyman (68) 33:06 8. Carl Acosta 33:11 (15 finishers) **California Senior Games Road Races, Pasadena, June 16—5 Km**—1. Alex Kazaryan 29:54 2. Donna Cunningham 30:39 3. Sylvia Ellis (59) 31:51 4. Ray Bilig 31:52 5. Carol Bertino 32:43 6. Patrick Bivona (66) 32:51 7. Carl Acosta 33:10 8. Janet Michel 33:34 (20 finishers) **10 Km**—1. Carol Bertino 65:53 2. Carl Acosta 67:06 3. Patrick Bivona 68:00 (6 finishers) **Alongi 5 Km, Marin, Cal.**—1. Jami Boshoven 31:05 2. Chris Sakelarios 32:26 3. Doris Cassels 32:58 4. Ann Lee 32:59 (8 finishers) **Men**—1. Rezak Charfara 26:51 2. Kevin Killingsworth 26:57 3. Jack Bray 29:30 4. James Beckett 29:46 5. Mark Quilantang 33:03. . . 8. Bob Mimm (82) 37:11 (11 finishers) **1500 meters, Seattle, June 3**—1. Tomm Aunan (48) 7:50.2 2. Karl Johansen (60) 8:01.6 3. George Opsahl (65) 8:16.0 4. Richard Zerbe (68) 9:13.5 5. William Bruner (62) 9:48.7 **Women**—1. Sand Fredrick (65) 11:39 **3 Km, same place**—1. Tommy Aunan 16:26.4 2. Karl Johansen 26:35.5 3. Bob Novak (57) 16:37.9 4. Stebe DiBernardo (54) 16:48.6 5. George Opsahl 17:22.4 6. Bart Kale (51) 17:35.2 7. William Bruner 20:34.6 **Women**—1. Ann Tuberg (47) 17:10.8 2. Bev McCall (71) 19:51.2 3. Dora Choi (41) 20:27.2 **2.8 Miles, Seattle, May 5**—1. Steve DiBernardo 25:15 2. Bob Novak 25:20 3. Bart Kale 25:49 4. Stan Chraminski (59) 26:06 5. Ann Tuberg 26:54 6. Rebecca Ketwig 27:08 7. Bill Bruner 31:00 8. Dora Choi 31:53
20 Km, Dublin, Ireland, June 17—1. Colin Griffin 1:25:40 2. Dan King, Great Britain 1:28:44 3. Mirko Dolci, Italy 1:29:50 (1 finishers) **50 Km, same place**—1. Alex Schwazer, Italy 3:55:33 2. Herve Devaux, France 4:01:48 3. Claudio Vargas, Mexico 4:15:58 **Women's 20 Km, same place**—1. Bisella Orsini, Italy 1:34:27 2. Neringe Aidietyte, Lithuania 1:36:01 3. Edina Fusti, Hungary 1:40:18 (8 finishers) **Greek National 20 Km, June 17: Wineb**—1. Athina Papagianni 1:39:38 2. Sespina Zambounidou 1:45:45 **Men**—1. Theodoros Koupidis 1:32:06 2. Konstantinos Stefanopoulos 1:34:53 3. Theodoros Kefalopoulos 1:38:35 **South American Championships, Sao Paulo, Brazil, June 12: Men's 20 Km**—1. James Rendon, Col. 1:24:25.4 2. Rolando Saquipa, Ecuador 1:25:55.2 3. Juan Manuel Cano, Argentina 1:28:28.5 **Women**—1. Sandra Zapata, Col. 1:37:46 (Championship and National Record) 2. Miriam Ramon, Ecuador 1:38:26.3 (National record) 3. Tania Spindler, Bgrazil 1:38:49.3 **Scandanavian Championships, Strandebar, Norway, June 8: Men's 20 Km**—1. Erik Tysse, Norway 1:22:03 2. Trond Nymark, Norway 1:27:50 3. Jani Lehtinen, Finland 1:37:46 **Women's 10 Km**—1. Jaana Eskelinen, Finland 51:01 2. Elinor Hogrell, Sweden 54:38 3. Hanna Liland, Nor. 55:02 (Kjersti Platzer, Norway did not finish) **20 Miles, Canberra, Australia, June 10**—1. Jared Tallent 2:15:43 2. Chris Erickson 2:24:18 3. Adam Rutter

2:26:23 4. Tom Barnes 2:33:17 5. Tony Sorgisson, N.Z. 2:38:58 6. Troy Sundstrom
 2:41:53 **Women's 10 Mile, same place**—1. Cheryl Webb 1:16:33 2. Claire Woods 1:18:01 3.
 Lynette Ventris 1:22:31 **Men's 10 Miles, same place**—1. Ian Rayson 1:15:26 **Boys Under 16**
3 Km, same place—1. Sean Fitzsimons 14:01 2. Kyle Malone 14:18 **Girls Under 16 3 Km,**
same place—1. Paige Hooper 14:50 2. Rachel Tallent 15:06 **Boys Under 18 5 Km, same**
place—1. Sean Fitzsimons 23:38 2. David Payne 24:02 **Girls Under 18 5 Km**—1. Melissa
 Hayes 23:40 2. Nicole Fagan 25:37 **Women's 5 Km**—1. Kellie Wapshott 22:59 2. Claire
 Woods 23:31 **Men's Under 20 10 Km, same place**—1. Brendon Reading 46:06 2. Daniel
 Coleman 46:47 3. Kyle Bryant 47:57 (A total of 310 competitors in 20 events, including age
 groups down to age 10.) **Bruno Junk Memorial Walks, Latvia, June 2: Men's 10 Km**—1.
 Ingus Janevics 40:57.8 2. Rugis Bruvelis 43:46.1 **Jr. Boys (1988-89) 10 Km**—1. Arnis
 Rumbenieks 43:20.9 **Boys (1990-1991) 10 Km**—1. Robertas Meskenas, Lithuania 46:38.9 2.
Womens 5 Km—1. Jolanta Dukure 22:29 **Jr. Girls (1988-89) 5 Km**—1. Agnese Pastare
 24:02.8 **Girls (1990-91) 5 Km**—1. Anita Kazemaka 24:45.3 (13 races with a total of 93
 competitors) **European Masters, Regensburg, Germany, 10 Km, May 18: Men 35**—1. Juan
 Porras, Spain 44:46 2. Peter Tichy, Slovakia 45:44 (10 finishers) **Men 40**—1. Michael
 Schneider, Ger. 47:00 2. Manfred Kreutz, Ger. 47:39 3. Thierry Groux, Switz. 48:16 (10
 finishers) **Men 45**—1. Pat Murphy, Ireland 48:58 2. Gabriele Caldatelli, Italy 49:41 3. Frederic
 Marie, France 49:51 (19 finishers) **Men 50**—1. Fabio Ruzzier, Slovakia 48:27 2. Helmut
 Prieler, Ger. 49:15 3. Alfons Schwarz, Ger. 49:57 (7 finishers, 1 DQ) **Men 55**—1. Peter Gaus,
 Ger. 49:49 (16 finishers, 1 DQ) **Men 60**—1. Karl Degener, Ger. 54:00 (20 finishers, 1 DQ)
Men 65—1. Hermann Strieder, Austria 56:12 2. Ronald Penfold, Great Britain 56:33 (15
 finishers) **Men 70**—1. Arthur Thomson, Great Britain 55:02 2. Gerhard Weidner, Ger. 58:07 3.
 Alexis Jardana, France 60:07 (12 finishers) **Men 75**—1. Vladimir Kapionov, Russia 71:07 2.
 Otto Schwab, Ger. 71:34 (5 finishers) **Men 80**—1. Gunther Ciesielski, Ger. 74:17 (1 DNF)
Women 40—1. Chr. Sarambe-Stegmaier, Ger. 52:55 2. Barbara Primas, Ger. 53:35 3. Karen
 Bohme, Ger. 53:48 (6 finishers, 1 DQ) **Women 45**—1. Adelheid Robohm, Ger. 54:45 2.
 Carmen Garcia, Spain 54:49 (9 finishers, 1 DNF) **Women 50**—1. Anne Belchambers, Ger.
 60:47 2. Martine Mourgues, France 63:44 (5 finishers) **Women 55**—1. M. Jose Briz, Spain
 61:21 2. Galina Lapaeva, Russia 66:14 (7 finishers) **Women 60**—1. Heidi Maeder, Switz.
 61:17 2. Gisela Theunissen, Ger. 66:13 (6 finishers) **Women 65**—1. Weltraud Seiler, Ger. 62:14
 2. Ursula Herrendoerfer, Ger. 66:17 (5 finishers) **Women 70**—1. Maureen Spelman, Great
 Britain 69:40 (2 finishers) **Women 75**—1. Xenia Nicolaev, Moldova 1:31:16 **Womens 20 Km,**
May 20: 40—1. Sarambe-Stegmaier, Ger. 1:56:47 2. Karen Bohme, Ger. 1:56:53 3. Barbara
 Rimas, Ger. 1:58:59 (6 finishers) **45**—1. Andrea Zirknitzer, Austria 2:08:15 (5 finishers)
50—1. Anne Belchambers, Great Britain 2:12:11 (4 finishers) **55**—1. Erika Max, Ger. 2:19:20
 (5 finishers) **60**—1. Heidi Maeder, Switz. 2:14:19 (5 finishers) **65**—1. Waltraud Seiler, Ger.
 2:10:21 (4 finishers) **70**—1. Maureen Spelman, Great Britain 2:26:08 (3 finishers) **Mens 30**
Km, May 20—35—1. Juan Porras, Spain 2:24:51 2. Peter Tichy, Slovakia 2:28:28 3. Christer
 Svensson, Swed. 2:37:04 4. Bernardo Cartoni, Italy 2:37:35 (9 finishers, 1 DNF) **40**—1.
 Michael Schneider, Ger. 2:31:39 2. Ghierry Giroud, Switz. 2:41:37 (8 finishers, 2 DNF)
45—Frederic Marie, France 2:44:38 2. Gabriele Caldarelli, Italy 2:47:58 (8 finishers, 2 DNF)
50—1. Fabio Ruzzier, Slovakia 1:40:54 2. Helmut Prieler, Ger. 2:44:27 3. Josef Berzl, Ger.
 2:48:39 (15 finishers, 2 DNF) **55**—1. Peter Gaus, Ger. 2:44:42 2. Theo Koenis, Netherlands
 2:55:17 (9 finishers, 3 DNF) **60**—1. Bernard Binggeli, Switz. 3:03:19 2. Eduard Straka,
 Slovakia 3:08:28 9 (11 finishers, 3 DNF) **65**—1. Nermann Streider, Austria 3:01:09 2. Ulrich
 Zetzmann, Ger. 3:19:43 (11 finishers) **70**—1. Arthur Thomson, Great Britain 2:59:47 2.
 Alexis Jordana 3:18:34 (8 finishers, 2 DNF) **75**—1. Vladimir Kapionov, Rusia 3:53:14 2. Otto
 Schwab, Ger. 3:54:59 **80**—1. Gunther Giesielski, Ger. 4:03:14

To Satisfy That Competitive Drive Within—Race

Sun. July 1 Pac. Assn. 5 Km, San Mateo, Cal. (J)
 Wed. July 4 5 Km, Evergreen, Col., 8 am (H)
 Sat. July 7 N.J. 5 Km, West Long Branch (A)
 USATF National Club Championships 5 Km, New York City (D)
 Pac. Assn. 1 Mile, Davis, Cal. (J)
 Mon. July 9 5 Km, Lang Branch, N.J., 6:45 pm (A)
 Tue. July 10 1 Mile, Oakhurst, N.J. 6:30 pm (A)
 Wed. July 11 1600 meters, Van Nuys, Cal. (Z)
 Sat. July 14 Masters 10 Km, Seattle (C)
 Bay State Games 3 Km, Cambridge, Mass. (X)
 Minn. 10 Km, Minneapolis (V)
 North Region 10 Km, Indianapolis (AA)
 2.8 Miles, Seattle (C))
 5 Km, Lakewood, Col., 9 am (H)
 Sun. July 15 5 and 10 Km, Albuquerque, N.M. (T)
 5, 10, and 20 Km, Windsor, Ontario (K)
 Mon. July 16 5 Km, Long Branch, N.J., 6:45 pm (A)
 Tues. July 17 1 Mile, Oakhurst, N.J., 6:30 pm (A)
 Wed. July 18 1600 meters, Van Nuys, Cal. (Z)
 Thur. July 19 1500 and 3000 meters, Yellow Springs, Ohio (M)
 Sat. July 21 New England 5 Km, Springfield, Mass. (X)
 Sun. July 22 Pac. Assn 3 Km, Reno, Nev. (J)
 5 Km, Denver, 7:30 am (H)
 5 Km, Seattle (C)
 Mon. July 23 New England 5 Km, Springfield, Mass. (T)
 Pac. Assn. 3 Km, Reno, Nev. (J)
 5 Km, Long Branch, N.J., 6:45 pm (A)
 Sun. July 28 Washington State Games 1500 meters and 5 Km, Seattle (C)
 Mon. July 30 5 Km, Long Branch, N.J., 6:45 pm (A)
 August 2-5 **National USATF Masters 5 and 10 Km, Orono, Maine (D)**
 Sat. Aug. 4 5 Km, Ft. Collins, Col., 8 am (H)
 Sun. Aug. 5 5 Km, Evergreen Col., 8 am (H)
 Tue. Aug. 6 5 Km, Long Branch, N.J., 6:45 pm (A)
 Sun. Aug 12 Eastern Regional Youth 2 and 5 Km, Open 5 Km, along with USA-
 Canada Junior Dual, NACAC Under 23 RW Cup, Hauppauge, N.Y. (U)
 10 Km, Kentfield, Cal. (P)
 Mon. Aug. 13 5 Km, Long Branch, N.J. 6:45 pm (A)
 Sat. Aug. 18 Indiana 5 Km, Indianapolis (AA)
National USATF 15 Km, Minneapolis (V)
 Sun. Aug. 19 5 Km, Loveland, Col., 7 pm (H)
 1 Hour, Kentfield, Cal. (P)
 5 Km, Littleton, Col., 8 am (H)
 Sun. Aug. 16 5 Km, Denver, 8 am (H)
 Mon. Aug. 27 5 Km, Long Branch, N.J., 6:45 pm (A)
 Sun. Sept. 2 West Regional 1 Hour, Banks, Oregon (E)
 Sat. Sept. 8 New Mexico 5 and 10 Km, Albuquerque (T)
 Sun. Swept. 16 Florida 1 Hour, Planation (N)
 Sun. Sept. 23 5 Km, Albuquerque (T)

Sat. Sept. 15 North Region 15 Km, Minneapolis (V)
 Sun. Sept. 16 **USATF National 40 Km, Ocean, N.J. (A)**
 Pac. Assn. 20 Km, Oakland, Cal. (J)

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From Heel To Toe

The Parkside program. When *Track and Field News* recently reported that the status of Ben Shorey was “unknown”, I queried Coach Mike DeWitt at University of Wisconsin Parkside. Here is Mike’s very interesting reply, which also casts some light on what have been some rather sparse fields at UWP races this spring: “Ben is taking a ‘re-energizing year’. He graduated last spring, moved back to Maine, where is working for MBNA, and married Lauren Davis from our team in early March. The plan is for him to jump back into training during the fall, as Lauren will be going to grad school, most likely near Kenosha. We didn’t really talk about chilling back this year in advance, it was just a matter of taking a non-competitive season after 9 years of competing non-stop. Along the same line of ‘status reports’, the UWP racewalking program is still ‘alive’, even though this past fall we did not have a male racewalker on the roster for the first time since I was on the roster in 1972, when I graduated, which was the first year of NAIA racewalking. Jim Heiring started at

UWP in the fall of ‘72. Starting this year, I am the Head Coach for the whole UWP Track and Cross Country program. I have been just the Women’s Coach for the past 26 years, and the men walkers were part of the Men’s program that I would work with and recruit. I am retiring from my ‘full time’ job as an Elementary school teacher in the Racine school system after 32 years of fifth graders! We currently have Le’erin Voss on the roster and we have Miranda Melville coming out from the Rochester, N.Y. area in the fall, as well as a handful of women who can racewalk. There are a total of eight women that train regularly with us as well as Stephen Quirke and my son Matt. Steve had a cyst removed from the back of his knee this winter and is getting back his fitness and Matt is just maintaining his fitness by training with Sam Cohen a few days a week. Without the NAIA opportunity (UWP is now NCAA Division II) for our kids it is a little more difficult to get someone started, but when I look back over who really has done anything beyond NAIA’s, it was still the ‘quality’ kids that could qualify for USA National that continued beyond college. Anyway, there is no one from our past that walked at NAIA’s and didn’t qualify for USATF/TAC nationals while in college that kept waling past their last NAIA race. And not a lot of the ones that did qualify for US Nationals during college kept walking much after that as well.” . . . **Sharp comments on the Pan Am Cup races.** From Ray Sharp: “As you stated in the May ORW, I struggled to finish the 50 in Brazil, but not until after 30 Km. I was actually at 2:07:46 for 25 and 2:34:07 at 30 (some of the reported splits were wrong), just a minute behind Philip, but the heat took its toll after 20 miles. Still, I was never overtaken and actually passed a couple more athletes in the last 20. The first 90 minutes were in shade, but the last hour or so the temperature on the road was around 90F and humid with no breeze. I think Team USA did well against South Americans in difficult conditions, considering we had just been through winter and they were at the end of their summer. Because we were the only full men’s team at 50, we won the combined trophy and thus the IAAF will pay the men’s team’s travel to the next World Cup 2008 in Russia because we are the ‘area champions’ “(There’s a worthwhile note not reported to me before. I would assume that would assure that we will send a full complement of ten walkers with expenses not being a factor. In the past, there has been some nitpicking from some quarters about the expense of sending full teams that aren’t competitive. Now, we can only hope that some young blood will come forth to qualify and gain that valuable experience. Not that I would begrudge Ray another shot at the international stage. After all, at 47 he just walked 20 Km 37 seconds faster than my best ever—which came at age 29—43 years ago.). . . **More Pan Am Cup.** Coaching the U.S. delegation to Brazil for the Pan Am Cup was former international Allen James, assisted by Dan O’Brien and Diane Graham-Henry. Allen, who wound up competing as well as coaching when John Nunn had passport problems, reflected on the trip. “We truly had a great team effort. I believe that all started with some great team chemistry and everyone coming in with great attitudes. I consider it a great honor to have been able to be with this team as its head coach and I’m grateful for everyone’s contribution. Dan O’Brien was always ready and willing to do whatever needed to be done. Diane Graham-Henry took a crash course in Portuguese. Matt Kutz was our fabulous Mr. Hands as our trainer. Included in the cast of helpers was Robert the test king, the Voss family, and Dave “I didn’t see a thing” M.cEngaged. Oh Canada, I can’t forget Stafford Whalen’s terrific help, too. Of course, without the athletes, there wouldn’t be a Pan Am Cup and we had a terrific group. From the experienced vets to the young guns, everyone displayed a great amount of poise and maturity. I believe this was the basis for an all-out effort to finish and compete in these races, no matter what the costs were. While other teams’ athletes dropped like flies resulting in several no scores, each of our teams placed their required numbers. It was a great week in Brazil. We were highly concerned about security issues prior to our arrival. However, this small tourist town was about as friendly and

welcoming as they come. It really was like a Riviera resort town. The weekend's events ended in the usual post-race banquet and party. The Brazilian athletes and the band made it quite a fun evening for all. Taking home the big trophy was great too. With renewed friendships from years ago to new beginnings and inspirations, we departed to train and prepare for the next occasion or, in my case, semi-retire again! **Elliott Denman, Olympic racewalker, race promoter, friend of thee sport, sports writer extraordinaire, gentleman, and all-around good fellow comments:** 1. Congratulations to all who took part in the racewalks at the Nike National H.S. Championships in Greensboro, N.C. 2. Well done, all competitors and good racing, and good officiating. 3. But all of who were there noted that the fields for both were relatively sparse. 4. Meet Director Jim Spier does a great job supporting all events in the meet and Meet Director emeritus Mike Byrnes is a great supporter of racewalking (and is one of the few H.S. coaches in the nation able to say he coached two Olympic racewalkers). *(Ed. Okay. In all my wisdom, I should now step in and identify the two. But this is not in my trivia bank. Maybe by next issue, Elliott will provide an answer to the riddle he has presented.)* 5. But we nevertheless have to make a major effort to get more competitors to this great meet so that the inclusion of the two racewalks is never questioned or endangered. 6. I certainly realize it can be an expensive trip and comes at a time when athletes are also planning to go to other national meets, etc. . . . 7. But, please, racewalking friends, let's do all that we possibly can to get larger fields for this meet starting next year so that the opportunity to compete in the Nike Nationals is maintained for future H.S. racewalkers for years and years to come. . . **Eastler responds.** Tom Eastler, who has done so much to help build the strong high school program in Maine and to promote camps for young walkers (besides fathering superb a talent in Kevin), offered this response to Elliott's plea: "Thanks for the good advice. There are many reasons why the fields are usually small, not least of which is the expense and time commitment. It is a 19-hour van ride one way for the Maine kids and the meet falls right during final exam period. Add on the Junior Nationals one week later. In spite of all of the above and more, Maine has continually populated the boys and girls sections. We have had kids from all over the country compete in the walk there, but never all at once. Last year I recall that there were two heats of girls and well over 10 boys. . . it seems to go in cycles. Anyway, we sent six kids and hope to send more next year." . . **A subscriber's dilemma.** From Paula (Kash) Mendell, racewalker and long-time subscriber: "For over 30 years, I've been collecting items related to racewalking and decided it was high time to go through these things. As I started to sort, I was a bit overwhelmed. I want to know what readers might suggest before proceeding. I need ideas of what to keep or what to discard and what things might I might be throwing away that others might want. I'm looking for ideas for recycling items related to racewalking like magazine and newspaper articles, photographs, videos, trophies, pins, t-shirts, memento's and books. What do people do with their medals and trophies? Take the plaques off and reuse? Are there any libraries interested in articles and books? Is there any historical value for letters between racewalkers? Is there anyone out there who wants articles or photos about themselves if I come across them? Among magazines-I have several issues of Gang Magazine, the Swedish racewalking magazine that includes color photos and articles in Swedish. My many filled boxes include photos from races, an outdated rolldex of over 500 racewalkers, old judging manuals and minutes from conventions, Sam the Eagle racewalk pins, just about every book on walking and racewalking between 1976 and 1996, articles on anatomy or technique, articles about celebrities at all levels in our sport, USA uniforms, sentimental racing flats and racing shorts that will never fit again. One item That I plan to keep for a while longer but eventually should go to a good home are Lugano Cup Posters with autographed names of athletes. If racewalkers were revered like NBA players these would be worth a fortune. You may e-mail at ptmendell@comcast.net with suggestions. On a separate

note, I'm not quite ready to give up my ORW collection. While scanning late 1970 ORW issues, I found an article about a 5 Km national championship. Thirty years ago I did not know the winner personally, though I had lap counted immediately after the women's race and lo and behold this person is now a member of my current racewalk club and he (Joe Berendt) is the organizer of our eight-person Portland-Coast team! Thus one sentimental value in those ORWs is finding articles in the past about people one comes to know in the present." . . **Another funding boost.** Dave Gwyn reports that Elaine Ward, Managing Director of the North American Racewalking Institute has established a program benefitting U.S. racewalking. The Institute has founded the Team USA International Competition Fund to support increased exposure of U.S. racewalkers to international competition. Donations should be made payable to North American Racewalking Institute and mailed to the Institute at 358 W. California Blvd., #110, Pasadena, CA 91105. Specify the Team USA International Fund in your mailing. All donations are tax deductible and a receipt will be mailed promptly. More information on the Institute can be found at www.philsport.com/narf/nari/htm. . **Surprise.** The city of Surprise, Arizona is interested in hosting major racewalking events on the national and international level. The City committed financial and staff resources to the 15 Km Masters race in April with the intent to host major sporting events in the future. In 10 years, Surprise has grown from a population of 25,000 to more than 100,000. City Councilman Cliff Elkins has an active interest and participation in racewalking and the city, in seeking sporting events, is willing to follow his lead in funding. Cliff is also seeking to add "fitness walking" to the PE curriculum in an elementary school, teaching racewalking techniques and consequently have local races add a section devoted to youth. As part of the April race, an elementary school walking team relay was added and the cool race t-shirts became the talk of the elementary schools. The race was followed up with racewalking clinics over the next month. . . **Errata.** I just noticed that in last month's issue (May 2007), page 2 was labeled April 2007 and the next several pages May 2003. I can accept the first error, but am totally baffled as to how I suddenly came with the year 2003 and kept repeating it. Hope this won't cause anyone too much confusion when perusing back issues at some future date. What an assumption on my part, that people save, let alone, peruse, back issues of the ORW.

LOOKING BACK

45 Years Ago (From the June 1962 American Race Walker published by Chris McCarthy)-Under a blazing sun that brought the temperatures into the low 90s, Ron Laird was one of the few survivors in the National 50 Km on Long Island. It took him a struggling 5:25:30. The next two spots went to Canadians Felix Cappella and Bill Grandy in over 5:40. Johnny Abbate and Dave Lakritz, well into the master's category before such category existed, were the only others able to better 6 hours as the heat took a tremendous toll. . . It was also very hot in Chicago where Ron Zinn won the National 10 Km in 47:54 on the Stagg Field track. Following were Jack Mortland (48:51), John Allen (48:56), Jack Blackburn (49:51), and Cappella (49:53). The Ohio Track Club grabbed the team title (hurrah!).

40 Years Ago (From the June 1967-This time temperatures only reached the low 80s as Larry Young won the National 50 in Chicago. His 4:33 effort left Goetz Klopfer 11 minutes back. Ron Laird was third, just under 4:49, with Ron Kulik another 4 minutes back. The Athens AC, from the SF Bay area, won the team title. . . Laird got the best of Young in the National 2 Mile, winning in 13:41.4. Larry had 14:07, just ahead of Don DeNoon. Next were Larry Walker, Ron Daniel, and Tom Dooley. . . In an earlier race, DeNoon did 3 Km in 12:39.4 to better Laird's American record and beat Ron in the process.

35 Years Ago (From the June 1972 ORW)—Dave Romansky covered 8 miles 80 yards to win the National 1 Hour Championship in Lawrenceville, N.J. John Knifton was 374 yards back, with Ron Daniel and Steve Hayden also going past 7 3/4 miles. . . Larry Young won National titles at both 5 and 10 Km. In Chicago, he beat Tom Dooley by 21 seconds in the 10, doing it

in 44:51. Jerry Brown, Floyd Godwin, and Steve Hayden followed. . . In the 5 in Seattle, Young's 21:39.8 left Bill Ranney 50 seconds back with Todd Scully third. . . Laurie Tucholski walked an American record 7:50.4 for 1 Mile in Dayton, beating former record holder Lynn Olsen. . . ORW Editor Jack Mortland threw in final laps of 1:54 and 1:50 to win a track 7 miler in 55:20 with Jack Blackburn second.

30 Years Ago (From the June 1977 ORW)—Mexican Junior Marcos Castro overcame Todd Scully in the final 5 Km to win the U.S. 20 Km title race in Seattle with 1:30:05. Scully was 31 seconds ahead as he passed 15 Km in 1:06:29, but he faded just as Castro accelerated and was 30 seconds back at the finish. Heal Pyke was third in 1:31:29, with two other Mexican juniors, one of them named Ernesto Canto (a world and Olympic titlist to be), in the next two spots. . . The real Mexicans were on the track in Bergen, Norway, where Daniel Bautista set a World Record for 20 Km in 1:23:52. Domingo Colin and Raul Gonzales also bettered the former record and Angel Flores missed it by less than a minute. . . The Mexican onslaught continued the next day with Enrique Vera taking Bernd Kannenberg's World Record for 50 Km down to 3:56:38. Kannenberg had also held the 20 Km record. . . Jim Heiring won the NAIA 10 Km in 44:42, more than a minute and a half up on Carl Schueler. . . Neal Pyke did 8 miles 240 yards in a one-hour race. . . Sue Brodock won U.S. titles at 5 Km (24:10) and 10 Km (51:17).-

25 Years Ago (From the June 1982 ORW)—Jim Heiring was an easy winner in the National 20 Km, held in Knoxville, Tenn. Jim's 1:30:22 put him 2:08 ahead of Ray Sharp at the finish. Marco Evoniuk was third in 1:33:48, followed by Dan O'Connor and Todd Scully. . . Susan Liers-Westerfield won the National 5 Km in 24:50.6. 26 seconds ahead of Bonnie Dillon, with Teresa Vaill third. . . Heiring was also an easy winner in the National 10 Km in 44:17.6. Mike DeWitt and Mike Morris followed. . . Liers-Westerfield won the women's National 10 in 50:59, after a tough race with Sue Brodock. Brodock had 51:09.

20 Years Ago (From the June 1987 ORW)—Finally moving away from Paul Wick in the final 5 Km, Ray Sharp won the National 25 Km in Long Beach. The two were together at 20 Km in a swift 1:28:52, but Sharp proved stronger at the finish winning in 1:51:25. Wick was just 35 seconds behind and nearly 8 minutes ahead of Larry Walker, who took third. Larry broke the 2 hour mark by 1 second. John Slavonic and Jim Mann followed. . . In the Women's National 20 at the same site, Teresa Vaill prevailed in 1:42:24, beating sister Lisa by more than 4 minutes. Sara Standley was third. Vaill opened a huge lead from the start and had splits of 23:53, 49:01, and 1:15:24. . . The national 5 Km races were held in Denver with Teresa Vaill and Tim Lewis scoring victories. Vaill was only slightly faster than her time on the way to 20 a week later with a 23:44, but that left sister Lisa 28 seconds in arrears. Viisha Sedlak was a distant third (26:33), just ahead of Karen Rezach. Lewis won in 20:23, 65 seconds ahead of Carl Schueler. Brad Knuston, age 19, was third. . . The NAIA 10 Km went to Mike Stauch in 43:22.1, a time that broke Ray Sharp's meet record by 9 seconds. Doug Fournier was more than 2 minutes back in second.

15 Years Ago (From the June 1992 ORW)—In the U.S. Olympic Trials, Debbi Lawrence was

a clear winner at 10 Km in 45:46. Victoria Herazo (46:21) and Michelle Rohl (46:50) also captured Olympic slots. Debbi VanOrden was fourth in 47:32, ahead of Cindy March and Lynn Weik. . . In the men's 20, Allen James survived the hot, humid conditions to win in 1:29:38. Gary Morgan edged Jonathan Matthews for second, followed by Ray Funkhouser, Dave McGovern, and Carl Schueler. James was the only Olympic qualifier because none of the others had met the qualifying standard. . . Valeriy Spitsin won a 50 Km in Moscow in an unbelievable 3:33:22. However, the course, although reported as accurately measured, was also reported as one on which it was easy to take short cuts. The time was never accepted as valid. Viktor Popovich had a 3:36:12 in second and A. Plotnikov a 3:37:05 in third. (The fastest time Spitsyn ever had otherwise was 3:41:07 in 1994). . . Italy's Ileana Salvador edged Australia's Kerry Saxby in an Italian race, with both given a 42:07 for 10 Km. Anna Marie Sidot was third in 43:03. . . In a more legitimate 50, Poland's man-of-the-future, Robert Korzeniowski did 3:46:42 in Dudince, Czech Rep., with Canada's Tim Berrett second in 3:50:55

10 Years Ago (From the June 1997 ORW)—In the National T&F Meet, Debbi Lawrence and Curt Clausen defended their titles, Lawrence winning the women's 10 in 46:45 and Clausen the men's 20 in 1:27:12. The meet was held in Indianapolis. Lawrence led from the 200 meter mark on, but Sarah Standley hung close and was just 8 seconds back at the finish. Victoria Herazo (47:18), Joanne Dow (47:23), Jill Zenner (48:11), and Deborah Van Orden (48:42) filled out the top six. Clausen was unchallenged as he won by more than a minute. Andrew Herrman (1:28:23), Tim Seaman (1:30:00), Gary Morgan (1:30:24), and Jonathan Matthews (1:30:49) followed. . . In Albany, New York, Herman Nelson (2:28:07) won the National 30 and Victoria Herazo (1:43:14) the National Women's 20 Km. . . Al Heppner zipped through 5 Km in 20:07.38 to win the NAIA Championship, leaving Dave Michielli more than 2 minutes back in second. Jill Zenner won the women's 3 Km in 13:16.16.

5 Years Ago (From the June 2002 ORW)—Joanne Dow broke the American record as she won the National 20 Km in 1:34:46.52 on the Stanford U. track. The men's title went to Tim Seaman in 1:26:40.36. Dow had to overcome the hot pace of Teresa Vaill, who had won this title three times back in 1980s. Vaill hit 10 Km in 46:28 with a 35 second lead on Dow and still led by 16 seconds at 15 (1:10:28). When she was finally caught and passed Vaill rallied to stick close and didn't succumb until the final 400, losing by 7 seconds. Amber Antonia was third in 1:35:59.44 and Jill Cobb (nee Zenner) fourth in 1:39:46. Seaman eased through the first 10 of the men's race in 44:27, a second behind John Nunn, with five others within 20 seconds. A 21:09 by Seaman on the third 5 settled the issue and he closed with a 21:05, finishing 1:16 ahead of Al Heppner (1:27:56.46). Kevin Eastler was third in 1:28:35.67, followed by Philip Dunn (1:28:59.62), Curt Clausen (1:29:33), Nunn (1:30:19), Sean Albert (1:30:42), and Matt Boyles (1:32:36). . . National Junior 10 Km titles went to Ben Shorey (42:50.21) and Robyn Stevens (50:29:32). . . The National 15 Km was won by John Nunn in 1:06:49 with Al Heppner second in 1:09:43. Amber Antonia won the women's race in 1:14:15. . . The Russian 20 Km title went to Victor Burayev in 1:20:41, 13 seconds ahead of Vladimir Andreev. Twelve were under 1:25, with six of them under 1:22. Elena Nikoleva won the women's title in 1:27:02, 50 seconds ahead of Lyudmila Efimkina. There were eight walkers under 1:30. . . Ecuador's Jefferson Perez walked a 1:19:08 for 20 in Germany and Robert Korzeniowski won the Polish title in 1:20:54.